

Everett Orthopedic Surgery Center

#425-317-8535

Surgeon: #425-339-2433

DRAIN CARE INSTRUCTIONS

- 1)** Be aware of the drain at all times, especially during active periods. Keep the drain secured by means of a drain clip or tape.
- 2)** Drainage should be minimal. If the amount of fluid has increased significantly, measure and record the amount and call your surgeon.
- 3)** Guard against pulling on the drain tubes. Keep them free of restrictions. The drain tube is not stitched, if it happens to pull out there will be no injury to the surgical area. Note that there possibly will be some drainage through the dressing.

If necessary, follow these steps for emptying your drain container.

- 1)** Carefully pour the contents into the measuring cup.
- 2)** Press the sides of the container together to reinstate the spring mechanism.
- 3)** Close the plastic tab on the spout while the sides are compressed (pressed together).
- 4)** Measure and record the amount of fluid and call your surgeon.